

Sand Volleyball Summer 2019
Captains & Team Roster (1 sheet per team)
Please return to: Eldridge Rec & Fitness by June 7th, 2019.

Team Name:			
Circle: Lower Elem 3rd - 5th	Upper Elem 4th - 6th	Junior High	High School
Choose Your Team T-shirt Color: 1st Choice:		2nd Choice:	Circle: Black Ink or White Ink
1 Adult Contact Name:		Text:	yes no
1 Adult Phone Number During Game Times:			
1 Adult Email for inclement weather info:			
Student Team Captain Name:			
Student Team Captain Cell Number:		Text:	yes no
Student Team Captain Email:			

Team Roster

**** Captains, only fill in name of players. ****

Name of players	T-Shirt Size	Grade (Fall 19)	Waiver	Paid
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				

General League Info attached.

League Information

Captains, please make your teams aware of rules & info.

General Info:

1. Dates: games are played only Tuesdays & Thursdays in July. League begins July 2nd (no games July 4th). Tournament on July 30th.
2. Games are between 9am - 2pm. Younger kids play earlier in the day.
3. Location: Sheridan Meadows sand volleyball courts
4. Grades: incoming 3rd-12th grade
5. Teams: Coed 6 on 6 (min of 4 on a team and max of 12 per roster)
6. We understand Summer is laid back and many are traveling. If you need to add a player to your team after registration is complete, they must fill out a waiver and pay the \$20 fee. They will NOT receive a Tshirt. If they would like to pay \$10, we will order them a Tshirt but they will receive it late.
7. In the event of poor weather, rain, or flooded courts, please call the fitness center 285-9561 or visit the Eldridge Rec & Fitness Facebook page. We will try to contact the captains ASAP by text and/or phone concerning any cancellations.

Schedules:

1. Game schedules will be available 2 weeks prior to the begin of the league.
2. If your team can't get 4 players on a certain scheduled day, please contact the Program Coordinator so we can possibly find an alternate time. Please also communicate if your team will need to forfeit.
3. If you need specific schedule requests for game times, please contact the Program Coordinator Sarah Hansel 563-594-8863 or sarah@fullarmorfitness.com by June 7th.

League Play:

Youth coed sand volleyball leagues will play **6-on-6 coed** with 4 weeks (2 days per week) of league play matches (3 games a match). Pending number of teams, some teams may only play one time per week or 2-3 times in one day. We will use rally scoring to 21 points for the first two games and 15 points in the third game, win by 2 or first to 23. There may be no more than 3 boys on a court at one time, unless approved by the other team. All matches will be refereed by an Eldridge Rec & Fitness Employee. You may sub league games with players from other teams. In tournament play, they must remain on ONE TEAM the entire day.

Team Roster and Eligibility:

1. If you do not have a team, please turn in your paperwork and we will place you on one. If you have a friend playing, you can request to be on their team.
2. Rosters must have a minimum of 5 players and a maximum of 12 players. Waiver must be filled out for each player, even those added during the league.
3. Teams will be grouped according to age as much as possible: 10U (Lower Elementary), 12U (Upper Elementary) Jr Hi (at least entering Junior High) and HS (at least entering high school).

Rules of Interest:

1. A team must have 4 players (at least 2 ladies) to start the 6-on-6 game - or will forfeit the first game. If players are not present after 15 minutes, all three games will be forfeited.
2. Teams will be allowed to substitute in at the service position when the service belongs to their team. The number of substitutions is unlimited.
3. Only the team coach or captain may address the referee during the game.

Eldridge Parks & Rec front desk: 563-285-9561 Located at: 401 S. 14th Street, Eldridge, IA 52748
www.eldridgerecandfitness.com

League Coordinator: Sarah Hansel, sarah@fullarmorfitness.com 563-594-8863 call or text